



# Iowa Title V Child & Adolescent Health

Patient Centered Advisory Council  
February 8, 2019



The background is a soft, misty landscape with a teal or cyan color palette. It features a calm body of water in the foreground, reflecting the surrounding environment. In the distance, there are rolling hills or mountains, some of which are partially obscured by a light mist or fog. The overall atmosphere is serene and ethereal.

# Background

# Title V of the Social Security Act



- Federal legislation dedicated to promoting and improving the health of our nation's mothers and children
- Promotes the development of community-based systems of medical and oral health care for pregnant women and children
- Is based upon standards of care and protection designed to give every child a fair chance in this world
- Promotes the health of pregnant women and children and by facilitating access to preventive health services, especially for low-income families and those with limited access to health services

# Federal Structure



**Department of Health and Human Services (DHHS)**



**Health Resources & Services Administration (HRSA)**



**Maternal and Child Health Bureau (MCHB)**

# Iowa's Title V Block Grant



- Title V funds are granted to state health departments:  
**Iowa Department of Public Health**
  - States receive funding through a formula-based block grant.
  - States match \$3 for every \$4 in federal funds.
  - In Iowa, 37% funds are for children and youth with special health care needs.
    - Child Health Specialty Clinics at the University of Iowa

# FFY 2015 MCAH Needs Assessment

- Established direction for the Iowa's MCAH program for FFY 2016-2020.
  - Selection of National Performance Measures
  - Selection of State Performance Measures



# Iowa's Title V National Performance Measures

NPM #	Data Source	Performance Measure	MCH Population Domain
PM 1	BRFSS	Percent of women with a past year preventative visit	Women/Maternal
PM 4	National Immunization Survey	A) Percent of infants ever breastfed B) Percent of infants breastfed exclusively through 6 months	Perinatal/Infant
PM 6	NSCH – revised	Percent of children, ages 9-71 months, receiving a developmental screening using a parent-completed screening tool	Child Health
PM 9	YRBSS & NSCH	Percent of adolescents, ages 12-17 years, who are bullied	Adolescent Health
PM 10	NSCH – revised	Percent of adolescents with a preventive services visit in the last year	Adolescent Health
PM 11	NSCH – revised	Percent of children with and without special health care needs having a medical home	CSHCN
PM 12	NSCH – revised	Percent of children with and with special health care needs who received services necessary to make transitions to adult health care	CSHCN
PM 13	A) PRAMS B) NSCH-revised	A) Percent of women who had a dental visit during pregnancy and B) Percent of infants and children, ages 1-17 years, who had a preventive dental visit in the last year	Cross-cutting



# Iowa's Title V State Performance Measures

SPM #	Performance Measure	MCH Population Domain
SPM 1	Percent of children and youth with special health care needs who meet the criteria for Quality of Care	CYSHCN
SPM 2	A) Percent of Child Health clients who report a medical home B) Percent of Maternal Health clients who report a medical home	Cross-cutting
SPM 3	Percent of children with a payment source for dental care	Child Health
SPM 4	Percent of early care and education programs that receive child care nurse consultant services	Child Health
SPM 5	Rate of physical activity among adolescents aged 18-24	Adolescent Health





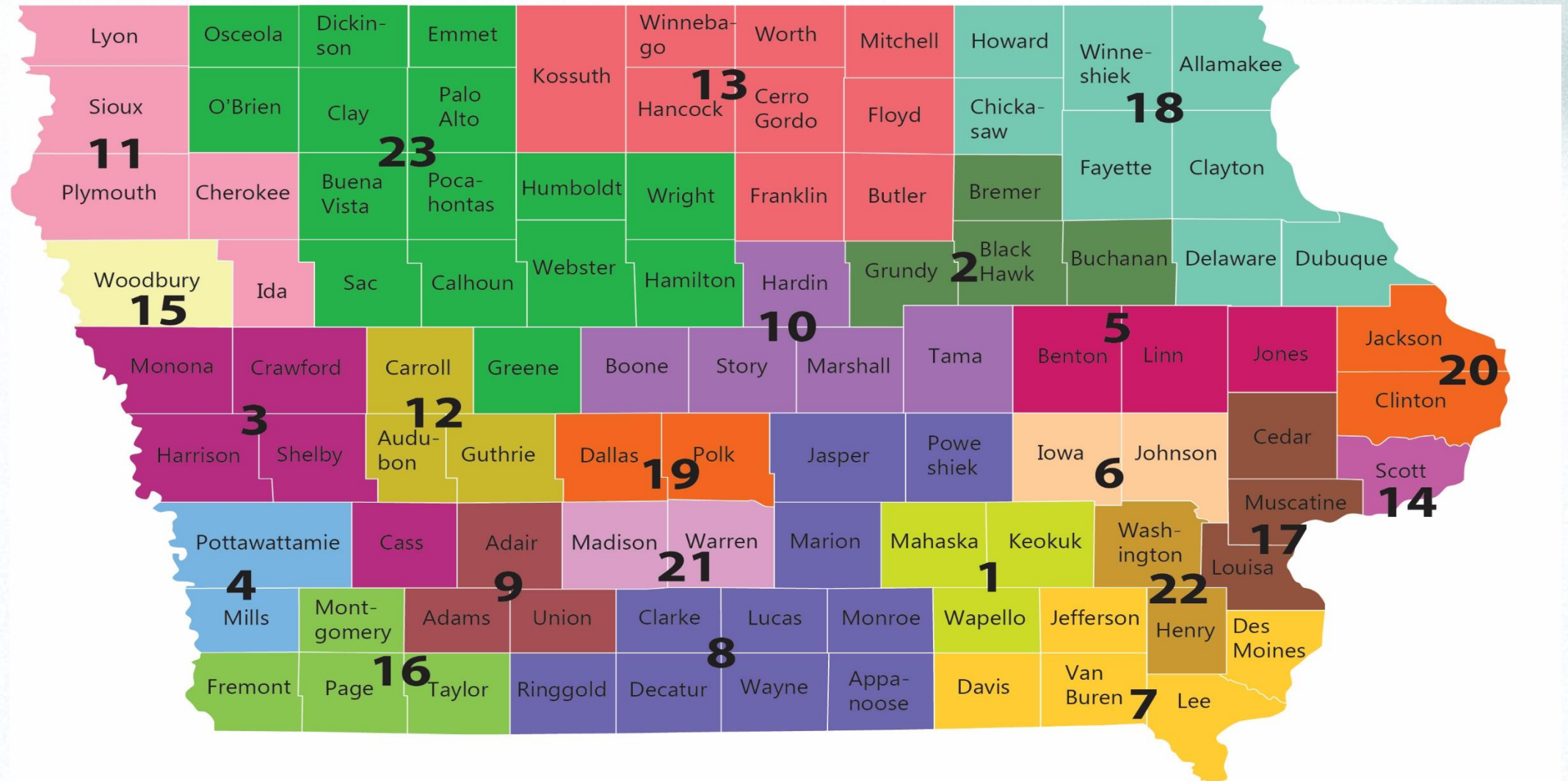
# **Child & Adolescent Health Program**

# Child & Adolescent Health

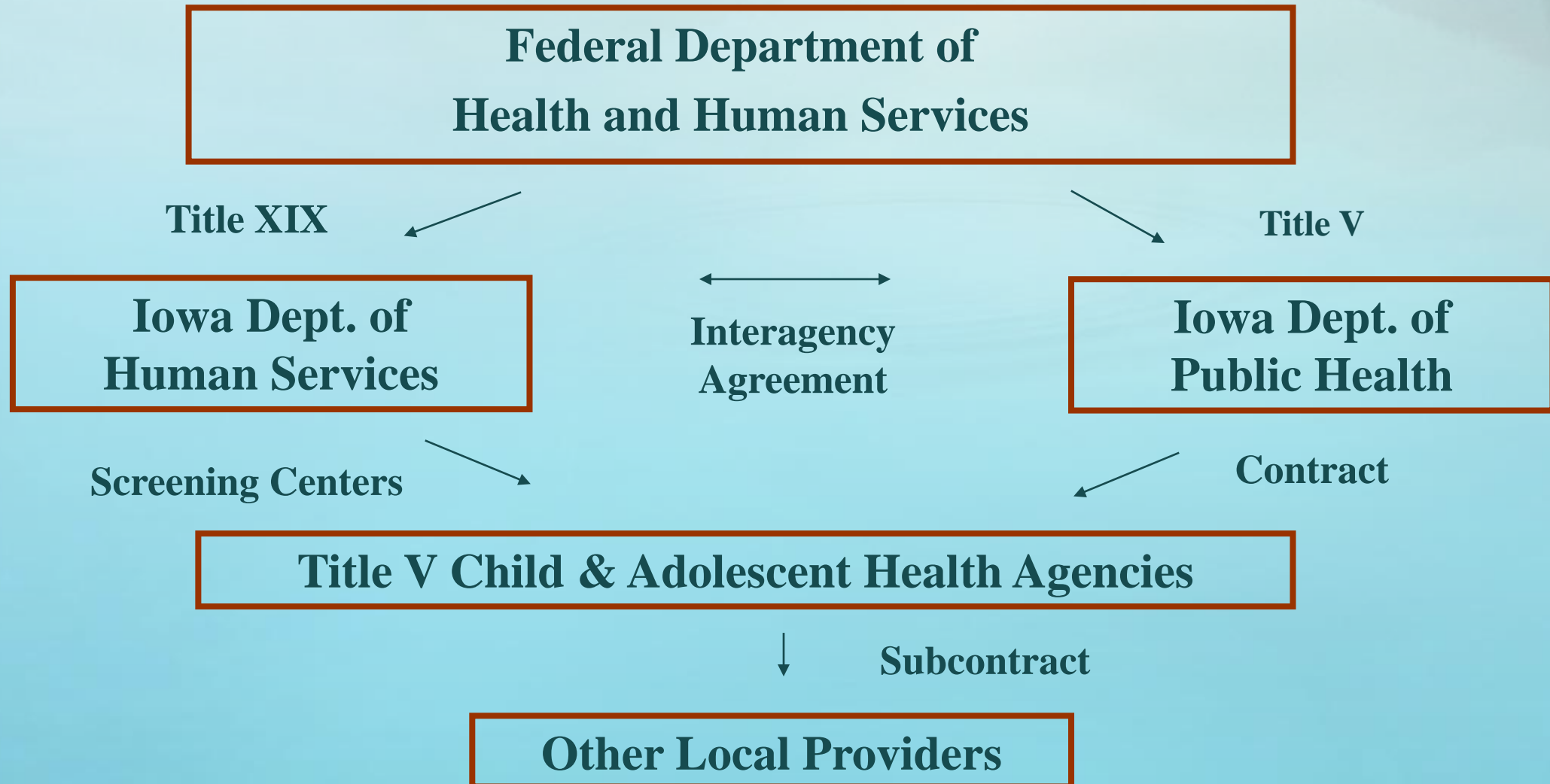
- Promotes regular preventive health care services for children and youth ages 0 to 22 years
  - Well child exams through medical homes
- Includes preventive oral health services and referral to dental homes
  - I-Smile <sup>TM</sup> Program
- Administered through 23 contracts with local community-based agencies



# Iowa's Child & Adolescent Health Agencies



# Primary Funding for CAH Services



# Client's Health Coverage

FFS & MCO

➤ Uninsured or under-insured

➤ Medicaid Fee-For-Service (4%)

- Medicaid FFS clients may access any provider enrolled in Iowa Medicaid.

➤ Medicaid MCO (96%)

- Medicaid managed care clients access providers enrolled in their MCO.
  - Amerigroup Iowa, Inc.
  - UnitedHealthcare of the River Valley, Inc.
  - Starting July 1, 2019: Iowa Total Care





# EPSDT



## Medicaid's Early Periodic Screening, Diagnosis, & Treatment Program

- **E** = Identifying problems early, starting at birth
- **P** = Checking children's health status at periodic age-appropriate intervals
- **S** = Providing physical, mental, developmental, dental, hearing, vision, and other screening tests to detect potential problems
- **D** = Performing diagnostic tests when a risk is identified
- **T** = Treating problems identified

# Iowa's EPSDT Schedule of Periodicity

Iowa Department of Human Services

EPSDT

Care of Kids

PERIODICITY SCHEDULE

		Infancy								Early Childhood					Mid. Childhood						Adolescence												
		New born	2-5 days	by 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 yr	4 yr	5 yr	6 yr	7 yr	8 yr	9 yr	10 yr	11 yr	12 yr	13 yr	14 yr	15 yr	16 yr	17 yr	18 yr	19 yr	20 yr	21 yr	
History Initial/Interval		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
Physical Exam Well Vst		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
Measurements	Length/Height and Weight	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Weight for Length	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Body Mass Index	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Head Circumference	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Blood Pressure	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Sensory Screening	Vision	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Hearing	●	●	●	●	●	●	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
Oral Health	Screening and Risk Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Fluoride Varnish Applications	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Developmental and Behavioral Health	Caregiver Depression Screening	○	○	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Developmental Surveillance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Developmental Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Autism Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Psychosocial/Behavioral Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Tobacco, Alcohol and Drug Use Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Depression Screening		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Anticipatory Guidance		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Nutrition/Obesity Prevention Assess/Educate		●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Procedures	Newborn Screening - blood, bilirubin, hearing, critical congenital heart disease	●	←→	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Immunization	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Hemoglobin/Anemia	●	●	●	●	○	●	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Lead Testing	●	●	●	●	●	●	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Lipid Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	STI Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	HIV Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Tuberculosis	●	●	○	●	●	○	●	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Cervical Dysplasia Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●



# Child & Adolescent Health Services

- Presumptive Medicaid eligibility
- Informing
- Care coordination
- Oral health services
- Immunizations /related counseling
- Lead testing/analysis/related counseling
- Other labs
- Vision screening
- Hearing screening
- Developmental testing (ASQ)
- Brief emotional/behavioral assessment (ASQ:SE)
- Mental health counseling
- Mental health assessment



# Child & Adolescent Health Services

- Nutrition counseling by licensed dietitian
- Counseling for obesity
- Nursing assessment
- Home visit by RN
- Home visit by SW
- Screening for depression (caregiver & adolescent)
- Domestic violence screening (caregiver & adolescent)
- Screening for alcohol/drug use w/ brief intervention
- Counseling for alcohol misuse
- Counseling when screening for chlamydia/gonorrhea
- **Transportation to medical/dental/mental health services**
- **Interpretation for services provided**



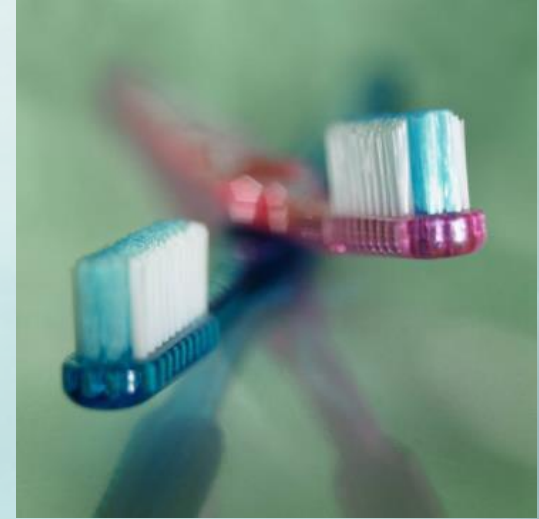
# Oral Health Services

## ➤ I-Smile™ Program

- Develops infrastructure to expand access to dental services

## ➤ Oral Health Services

- Screenings: Based on Risk Assessment
- Prophylaxis
- Sealants
- Oral evaluation and counseling with primary caregiver – for patient under 3 years of age
- Fluoride varnish
- Nutrition counseling for the control and prevention of oral disease
- Oral hygiene instruction



# TAVConnect

All child and adolescent health services are entered into TAVConnect – CAH and OH. The system was newly launched for CAH and OH on April 3, 2017.



# Additional Child & Adolescent Health Initiatives

## ➤ *hawk-i* Outreach

- Outreach to encourage enrollment in Medicaid and *hawk-i*

## ➤ Early ACCESS for children ages 0-3 years

- Focus on developmental testing, referral to AEA, and developmental monitoring for those that do not qualify

## ➤ Healthy Child Care Iowa

- Child care nurse consultation promoting health and safety in child care settings





# Resources

- Bureau of Family Health website:  
<http://idph.iowa.gov/family-health>
- IDPH EPSDT website:  
<http://idph.iowa.gov/epsdt>
- IDPH I-Smile™ website:  
<http://ismile.idph.iowa.gov/>
- Medicaid Screening Center Manual:  
[http://dhs.iowa.gov/sites/default/files/scenter\\_0.pdf](http://dhs.iowa.gov/sites/default/files/scenter_0.pdf)



# Presenter

## ➤ Janet Beaman, Executive Officer 2

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# Thank you !

## Questions ?

